

## SO'BERLIN Das Stue

BOUTIQUE SPA BY SUSANNE KAUFMANN™

SPA MENU

# WELCOME TO THE SUSANNE KAUFMANN™ BOUTIQUE SPA BERLIN

The SUSANNE KAUFMANN™ Boutique SPA at SO/Berlin Das Stue Hotel is a place of beauty, relaxation, and holistic comfort. We offer a varied selection of treatments, massages and rituals that are rooted in Traditional Chinese medicine and natural anti-aging science. You will be pampered by our highly qualified therapists and beauticians. Take time to restore your health and beauty with a few hours, a relaxing day, or an accompanying program to pair with your stay. We would be pleased to give you a personal consultation before your visit.

You can reach the SPA directly under the telephone number +49 (0)30 311 722 160 or via email to spa@das-stue.com.







Through her years of experience, Susanne Kaufmann has carefully developed the range of natural anti-aging products used in our spa. With a focus on holistic care, the treatments offered aim to refresh and to rejuvenate. As our skin begins to age in our early twenties, developing awareness of skin care and rituals is key to stave off the damage we so often see. Through early and consistent care, the skin remains soft and subtle for longer.

Preventive care, such as our anti-aging treatments, assist in protecting and strengthening against the first signs of aging. In the later years of life, our repairing treatments hone in on the needs of mature skin helping it to stay healthy, beautiful and youthful.

# SUSANNE KAUFMANN™ BESPOKE REJUVENATING FACIAL TREATMENT

The Bespoke Rejuvenating Facial spans over 15 years of beauty and spa experience. It combines the best products with effective massage techniques and methods to improve the skin significantly. An additional skin analysis provides information on the current condition, thus creating the basis for a holistic care system recommended by the expert.

This treatment is available exclusively in Bezau, New York and at our SUSANNE KAUFMANN™ Boutique SPA in Berlin by our expert cosmetician, Kim.

#### BESPOKE REJUVENATING FACIAL

The treatment counteracts the signs of aging, reduces the effects of harmful environmental influences and relieves deep tension in the facial muscles. Fascia techniques, a lymphatic drainage and a deep tissue massage stimulate the skin's metabolism and transform its structure. The result is radiant, relaxed and youthful skin that can adapt to today's environmental influences. Thanks to the Pollution Skin Defense ampoules and massage techniques, the skin is brought into its ideal condition. This application does not include skin cleansing.

Bespoke Rejuvenating Facial

100 MIN 220 EUR

Bespoke Rejuvenating Facial and the ampoule set Pollution Skin Defence System for use at home (12 ampoules)

100 MIN 430 EUR

Pollution Skin Defence System (15 ampoules)

265 EUR

## SUSANNE KAUFMANN™ ANTI AGING SIGNATURE TREATMENT

Our natural anti-aging treatments, which improve the first signs of aging sustainably, are based on highly effective products from the Anti Aging Care Line by SUSANNE KAUFMANN™. Ultrasound deeply transports active ingredients deeper into the skin while stimulating the skin's detoxification process and collagen synthesis. Stimulating fascia deep tissue techniques and a facial massage support lymphatic drainage and microcirculation to maintain the firmness of the facial connective tissue.

## ANTI AGING SIGNATURE FACIAL TREATMENT PREMIUM

The Anti Aging Signature Facial Treatment Premium is specifically designed for the needs of demanding skin. It gently purifies hands, feet, face, neck and décolleté with targeted movements and fine peelings. After the dead skin cells have been removed, active ingredients are infiltrated deep into the skin by means of ultrasound treatment. The blood circulation is stimulated and cell renewal is promoted. The antioxidant power ingredients as well as highly concentrated care products restore the skin's radiance. Meanwhile, the detoxing back and arm massages relax the muscles while tightening the connective tissue, allowing the skin to fain elasticity.

120 MIN 235 EUR

## ANTI AGING SIGNATURE FACIAL TREATMENT

The Anti Aging Signature Facial Treatment relaxes facial features and ensures a youthful complexion. Targeted movement sequences, in combination with highly effective antioxidant care products, counteract the aging process of the skin. The treatment can therefore also be used preventively. The intensive cleansing of the face, neck and décolleté makes the skin receptive to the various care products. With the help of ultrasound, the special masks and power ingredients are then worked deep into the skin. The skin regains its radiance and elasticity.

90 MIN 185 EUR

## ANTI AGING SIGNATURE FACIAL TREATMENT EXPRESS

The Anti Aging Signature Facial Treatment Express is suited as a build-up treatment. Demanding skin gets a radiant appearance in no time. The treatment cleanses and relaxes the face, neck and décolleté. Special massage techniques and ultrasound promote blood circulation and the skin's ability to absorb nutrients. Through this technique, the antioxidant rich ingredients and intensive care products get deeper into the skin's layers. The complexion immediately appears radiant and rejuvenated.

**50 MIN** 100 FUR

## ANTI AGING SIGNATURE EYE TREATMENT

This short, intense Eye Treatment smoothens and tightens fine lines. The regimen begins with an intensive cleansing of the face, neck and décolleté. The high-quality ingredients of the Eye Rescue Stick are worked into the skin with a special short fascia massage and lymph-activating handles. Dark circles and puffiness are visibly reduced. While cooling rose water pads unfold their effect, the neck relaxes with a short massage. The SPA team applies the final care with the SUSANNE KAUFMANN™ facial roller.

25 MIN 55 EUR

## GLOW SIGNATURE FACIAL TREATMENT

The Glow Treatment makes the face and complexion glow with radiance: Tailor-made treatment techniques and highly effective care products ensure a better blood circulation. The deep cleansing of the face, neck and décolleté prepares the skin to absorb the nourishing ingredients. While the glow mask takes effect, a head and neck massage provide additional relaxation. A special serum provides targeted moisture. It is worked into the skin structure with a short fascia massage. The elasticity of the skin increases with the highly concentrated lifting mask, which provides additional tightening. The SPA team applies the final care with the SUSANNE KAUFMANN™ facial roller.

**60 MIN** 120 EUR

### SUSANNE KAUFMANN™ BEAUTY TREATMENTS

The professional knowledge and empathy of certified spa therapists bring your outer and inner beauty into balance. To achieve an optimal result and the desired sustainability, treatments and products are perfectly adapted to the needs of your individual skin. With our selected aftercare products, you are able to take the SUSANNE KAUFMANN™ Boutique SPA home and to achieve quicker results.

## ALKALINE DETOX SIGNATURE FACIAL TREATMENT

An effective treatment designed to cleanse and detoxify the skin. The SUSANNE KAUFMANN™ Alkaline Detox Signature Facial Treatment begins with a deacidifying foot bath and an anamnesis of the facial skin. It further includes deep cleansing, a peeling adapted to the skin's condition, a lymphatic drainage as well as a cleansing mask. The regeneration process of the skin is supported and the natural balance is restored. The skin appears harmonized and radiant. The aim of the treatment is to cleanse deep into the pores, to inhibit inflammation and to achieve a clear, fresh feeling. Upon request, our active substance ampoules from the Pollution Skin Defense System can be integrated into the treatment.

**60 MIN** 105 EUR

## TRANSFORMATIVE SIGNATURE FACIAL TREATMENT

An individual, tailored treatment that can transform the skin. After a thorough anamnesis, selected products and coordinated massage techniques are used to achieve an improvement of the skin condition. This treatment alleviates issues such as dry skin, blemished skin or couperose. The treatment helps to regain its natural balance. A clear, radiant complexion returns, enriched with energy and a harmonious feeling.

**90 MIN** 155 EUR

## TRANSFORMATIVE SIGNATURE FACIAL TREATMENT MEN

Men's skin requires intensive care and special protection. This enriching treatment, specifically tailored to the needs of gent-lemen, uses massage techniques to apply products that visibly improve the skin's texture. With this regimen, issues such as dry, sensitive or blemished skin are addressed and effectively improved. Your complexion appears clearer, harmonized and radiant.

**90 MIN** 155 EUR

#### DEEP CLEANSING BACK TREATMENT

Hormonal and nutritional imbalance can lead to imperfections on our bodies. With this treatment, the skin on the back is cleansed and brought back into harmony with a peeling and deep cleaning. The pore-refining, healing earth mask soothes the skin while you enjoy a relaxing head massage during the exposure phases. The final care leaves your skin looking clear and fresh.

**45 MIN** 85 EUR

## TEENAGER SIGNATURE FACIAL TREATMENT

Designed specifically to meet the needs of youthful skin (age 12-16), this treatment is developed with matching products which nurture young skin and which help to eliminate potential irritations. Like the rest of the body, facial skin alters during puberty. The velvety skin surface becomes noticeably thicker and eventually more oily - especially for boys. During this phase, facial skin is highly susceptible to environmental toxins, bacteria and other stress factors. The SUSANNE KAUFMANN™ Teenager Signature Facial Treatment, strengthens and regulates youthful skin providing lasting protection against damaging influences. After a cleanse, oily and combination skin are balanced, dry skin is moisturized, and sensitive skin is gently cared for.

**60 MIN** 95 EUR

#### **BEAUTY ADD ON'S FACE**

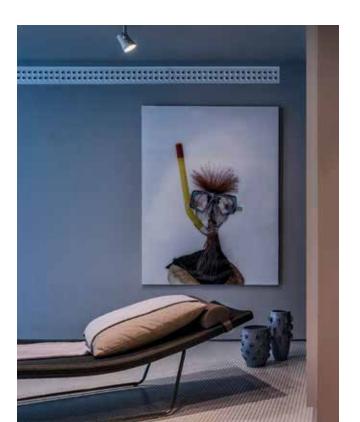
SUSANNE KAUFMANN™ offers effective additional applications which improve the effect of a treatments, leading to even faster and more beneficial results.

#### ADD ON FACE TREATMENT

Tinting and setting eyelashes and eyebrows	40 EUR
Eyelash tinting	25 EUR
Eyelash tinting (combination with other applications)	15 EUR
Eyebrow tinting	25 EUR
Eyebrow tinting (combination with other applications)	15 EUR
Eyebrow sculpting	25 EUR
Ampoule's treatment per ampoule	20 EUR

#### MAKE-UP MIT »UND GRETEL BERLIN«

Day-time make up Evening make up **ca. 30 MIN** 50 EUR **ca. 45 MIN** 75 EUR



## ULTRASOUND TREATMENT INDIVIDUAL FOR FACIAL TREATMENT

This treatment combines the vibrations of ultrasound and intensive active ingredient serums to reach the deeper levels of the skin, optimizing the success of the treatment. The applications lead to an activation of the skin tissue and a significant improvement of various skin problems such as dryness, acne, couperose or scars.

**20 MIN** 45 EUR

#### ALKALINE FLEECE MASK

A balanced pH is the basis for a clear complexion. Acidification can lead to allergies and impurities of the skin. The alkaline fleece mask balances the pH level and elicits a calming effect.

**10 MIN** 20 EUR

#### **ACTIVE SUBSTANCE AMPOULES**

By using the three different ampoules of active ingredients from the Pollution Skin Defense System, the skin is protected from damage caused by negative environmental influences.

55 EUR

## HAND PACK WITH HAND SERUM REJUVENATING

Our hands say a lot about us. Spoil them with extra care in thermal gloves during your treatment. The hand serum nourishes and rejuvenates the delicate skin.

**10 MIN** 20 EUR

#### FOOT MASK

This treatment pampers your feet with a nourishing foot mask in a thermal shoe. According to the Traditional Chinese Medicine, a foot pack is particularly important to help relax and to nourish the feet with moisture.

**15 MIN** 25 EUR



#### SUGARING

## SUGARING WITH EPILADERM FOR WOMEN

Professional hair growth reduction with expert sugaring and enzymes.

	SUGARING	SUGARING WITH ENZYM KOMPLEX
Upper lip		20 EUR
Chin		20 EUR
Lower leg (up to the knee)	45 EUR	60 EUR
Whole leg	70 EUR	95 EUR
Bikini zone		55 EUR
Bikini zone Brazilian		70 EUR
Armpits		40 EUR
Arms	45 EUR	60 EUR

## SUGARING WITH EPILADERM FOR MEN

Professional hair growth reduction with expert sugaring and enzymes.

	SUGARING	SUGARING WITH ENZYM KOMPLEX
Whole leg	75 EUR	100 EUR
Back	55 EUR	80 EUR
Abdomen	45 EUR	55 EUR
Chest	45 EUR	55 EUR
Shoulders	35 EUR	45 EUR

### **MANICURE**

CLASSIC MANICURE WITH HAND MASSAGE 50 MIN 60 EUR

#### MANICURE DELUXE

- Classic manicure with hand massage
- Hand scrub
- Nourishing intensive care pack
   70 MIN 90 EUR

#### **PEDICURES**

## CLASSIC MEDICAL PEDICURE WITH FOOT MASSAGE

**60 MIN** 70 EUR

#### **DELUXE PEDICURE**

- Classic medical pedicure with foot massage
- · Foot peeling
- Nourishing intensive care pack

**85 MIN** 100 FUR

## DETOX MEDICAL PEDICURE WITH FOOT MASSAGE

Feet are considered a useful auxiliary and additional excretory kidney. Alkaline foot baths help to gently detoxify and are a true beautifier for the feet.

- · Alkaline tea as a welcome
- · Alkaline foot bath to relax
- · Gentle exfoliation alkaline peeling
- · Alkaline wrap for legs
- Medical pedicure with foot massage
   75 MIN 90 EUR

## BOOKABLE IN ADDITION TO MANICURE / PEDICURE

A PHENOMENAL NAIL POLISH INNOVATION "IT'S FAST, IT LASTS, AND IT SHINES."

Phenom is a revolutionary UV-free nail polish system. In just 3 simple steps, Phenom creates a perfect gel-like manicure that dries extremely quickly in natural light, lasts up to 10 days and is as easy to remove as regular nail polish

Nail polish 15 EUR Nail polish French 25 EUR

#### **VARNISH ONLY**

Nail polish	25 EUR
Nail polish French	35 EUR

#### THERAPEUTIC MASSAGES

We offer a wide range of massages and additional treatments to correct malfunctions of the musculoskeletal system including classic massages, Asian inspired techniques, and reflexology.

#### CLASSIC MASSAGE

Classic back massage	25 MIN	55 EUR
Classic part body massage	40 MIN	75 EUR
Classic full body massage	50 MIN	95 EUR
Classic full body massage extended	80 MIN	145 EUR
Surcharge for aromatic oil massage		5 EUR

**ADD ON** face masks for more radiance and intense moisture, pamper your skin during your massage.

Moisturizing mask or calming mask	15 EUR
Glow mask	20 EUR
Line A Lifting mask	25 EUR

#### SPORTS MASSAGE

A targeted massage that is customized to your individual needs. Through deep tissue techniques and stretching the complete musculoskeletal system, the muscles are mobilized. This massage revitalizes the body and is particularly effective for tension, joint and muscle pain.

Sports massage back	<b>25 MIN</b>	60 EUR
Sports massage part body	<b>40 MIN</b>	80 EUR
Sports massage full body	50 MIN	100 EUR

## FOOT REFLEX ZONE MASSAGE WITH FOOT BATH

Warming and invigorating foot bath, followed by a foot reflex zone massage. Each part of the body is connected to corresponding energy zones in the soles of the feet. A targeted massage of these zones improves the flow of energy throughout the entire body.

**55 MIN** 95 EUR

#### SUSANNE KAUFMANN™ RELAX TREATMENT HEAD

This massage of the back, head and neck relieves tension, headaches and blockages. Warm sesame oil is applied on the scalp and massaged in. A warm oil turban harmonizes the energy centers.

**50 MIN** 90 EUR

#### SUSANNE KAUFMANN™ RELAX TREATMENT FACE

This holistic treatment of face, head, neck and hands promotes blood circulation helping to relax the body and clear the mind. New energies are released to regain strength and vitality.

**50 MIN** 90 EUR

#### SUSANNE KAUFMANN™ RELAX TREATMENT BODY

A relaxing massage of the whole body with warm lavender oil. Jojoba wax peeling particles help to stimulate blood circulation, remove waste products and promote detoxification of the body. The treatment increases vitality and provides a regenerative deep relaxation and stress reduction.

**50 MIN** 90 EUR

#### CUPPING AND CUPPING MASSAGE

This deeply effective treatment originates from Traditional Chinese medicine. Used selectively, it dissolves deep blockages and tension, improves circulation and assists in the detoxification process. Additional effects from this technique include an improved immune system, strengthened self-healing processes, easing of headaches and migraines, in addition to asthmatic and bronchial ailments.

Cupping massage with individual focus 45 MIN 75 EUR In combination with other massages 20 MIN 45 EUR

### TREATMENTS BODY

Beauty is the expression of holistic well-being. Give yourself time to nurture, strengthen and regenerate your body, mind and senses. Our body treatments support the excretion of toxins and improve the overall energy flow. Some of the techniques have close, regional affiliations, such as body packs, wraps and baths. We also integrate traditional, natural forms of therapy from other cultures.

#### SUSANNE KAUFMANN™ DEEP BALANCING SIGNATURE TREATMENT

Pure beauty, intensive care, wonderful deep relaxation from head to toe. Let your soul, your skin and your whole body be revived and pampered for 120 minutes.

- · Warming foot bath for relaxation
- · Careful cleansing of face, neck and décolleté
- · Intensive moisturizing mask for the face
- · Detox oil exfoliation to remove dead skin cells
- · Caring whole-body pack with precious cuckoo oil flower
- Relaxing deep massage for the body and head to activate the energy flow
- · Individualised day care
- A cup of detox tea to finish

120 MIN 225 EUR

#### ALKALINE LEG WRAP

Acids and toxins are excreted through the skin of the legs and feet. The application increases the detoxification process and is recommended especially at the beginning of a detox cure, diet or fasting.

In combination with other treatments Single application

40 EUR **30 MIN** 45 EUR

#### ALKALINE BODY SCRUB

Gentle body scrub with alkaline salts. This treatment helps the skin to deacidify, promotes the discharge of toxins and frees blocked energy all while relaxing the body. Highly recommended for dry or flakey skin.

**40 MIN** 65 EUR

Includes massaging in an individual product for the body from the SUSANNE KAUFMANN™ cosmetics line.

In combination with other massages

**30 MIN** 55 EUR

#### **BODY SCRUB**

Luxurious body scrub with ingredients made from coneflower and St. John's Wort

**40 MIN** 65 EUR

Includes massaging with an individual product for the body from the SUSANNE KAUFMANN™ cosmetics line.

In combination with other treatments

**30 MIN** 55 EUR

#### SUSANNE KAUFMANN™ DETOX OIL PEEL

The detox oil peel opens the channels of the dermis, from which the pollutants can flow. Special diversion points are stimulated to promote tissue circulation and the removal of slag.

Individual treatment

**50 MIN** 95 EUR

Followed by massaging with a firming pomegranate oil with gentle, flowing massage techniques.

In combination with other body treatments and massages

**40 MIN** 75 EUR

#### SUSANNE KAUFMANN™ DETOX MASSAGE

This diverting massage stimulates the deep tissue to eliminate released pollutants. The flow of energy is improved and a positive effect of the metabolism is achieved

**50 MIN** 90 EUR

#### SUSANNE KAUFMANN™ SIGNATURE TREATMENT DETOX

The Detox Signature Treatment is the perfect treatment to liberate the entire organism of acidity and toxins.

- · Warming foot bath for a relaxing soak
- Detox oil scrub massage
- · Stimulating detox deep tissue massage

100 MIN 180 EUR

#### ABHYANGA

Abhyanga is an ayurvedic full body massage, ranging from harmonizing to dynamic. Skin and muscles will be warmed up and relaxed, giving you more power and energy. This treatment offers a fast and effective regeneration of body and mind while assisting in cases of acute stress symptoms.

**95 MIN** 170 EUR

#### SHIROBYANGA -INDIAN HEAD MASSAGE

An ayurvedic head massage that helps promote circulation in the head as well as relaxation of nerves and muscles. Tensions are released, head and skin are invigorated and fatigue vanishes. This treatment is highly recommended when suffering from headaches.

**45 MIN** 75 EUR

#### LOMI-LOMI-NUI MASSAGE RITUAL

This traditional Hawaiian massage ritual stimulates the deep tissue, where physical and mental tensions reside. Long, gliding massage strokes connect all body regions, release blockages and bring back positive energies. Muscle tissue loosens up, the mind and spirit begin to relax and emotional health is being supported.

95 MIN 170 EUR



## BODY SHAPE TREATMENTS

The Body Shape Treatments stimulate fat burning, skin tightening and body contouring. The use of deeply penetrating ultrasound, in addition to effective active ingredients, supports efforts to maintain a firm silhouette.

#### SUSANNE KAUFMANN™ SIGNATURE BODY SHAPE TREATMENT

A highly effective, firming body pack for problem areas like tights and bottom or included as an intensive treatment of the stomach and arms. An activating cupping massage of the affected parts of the body improves metabolic activities. Through ultrasound, active ingredients are worked in deep into the skin and are accelerating the overall detox process. The final foil wrap pushes fat cells together through compression. Water and toxins emerge from the cells and are diverted.

Legs and buttocks Legs, buttocks, stomach and arms **90 MIN** 185 EUR **105 MIN** 210 EUR

#### SUSANNE KAUFMANN™ SIGNATURE BODY SHAPE TREATMENT PREMIUM

Maximum results and smooth skin can be attained by the combination of the highly effective Detox Oil Peeling and the Body Shape Treatment. Bookable with a focus placed on the legs and buttocks or as intensive treatment including the stomach and arms.

Legs and buttocks Legs, buttocks, stomach and arms 110 MIN 220 EUR 125 MIN 250 EUR

## RITUALES FOR TWO

Special applications in your private spa: Daylight-drenched rooms are equipped with rain showers, massage baths and two SPA beds. The treatments are conducted by two therapists.

#### **DUO REGENEARTION**

- · Welcome tea
- Stimulating full-body massage with soft brushes removes dead skin cells, vitalizes and promotes blood circulation
- St. John's Wort Bath soothing for two in our whirlpool bathtub
- Relaxing full body massage with an aromatic oil of your choice

90 MIN DUO 300 EUR

#### **DUO DESTRESS**

- Welcome tea
- Stimulating full-body massage with soft brushes removes dead skin cells, vitalizes and promotes blood circulation
- Nourishing body wrap with an aroma of your choice OR fragrant herbal whey-bath for velvety soft skinfor two in our whirlpool bathtub
- SUSANNE KAUFMANN™ Relax Treatment Body, warm lavender oil, applied on the entire body through stretching techniques, increases vitality and deep relaxation

**120 MIN** DUO 360 EUR

#### **DUO DETOX**

- · Welcome tea
- Detox oil peeling opens the channels of the dermis from which the pollutants can drain
- Alkaline bath helps to deacidify the skin
- Detox massage draining massage, which stimulates the deep tissue to release pollutants excrete and which has a positive effect on the energy flow and metabolism

120 MIN DUO 400 EUR

#### DAY PROGRAMS

An entire day at the SUSANNE KAUFMANN™ Boutique SPA with a themed focus of your choice: Treat yourself to a day of pampering as a break from everyday routines. We are happy to customize a tailored SPA package for your individual needs. Our offer includes a welcome aperitif, the all-day use of the SPA area and a light lunch in the SO/ Berlin Das Stue "The Casual" restaurant.

#### 1 DAY ALL-ROUND HEALTHY

#### 100 MIN OF RELAXATION TIME IN TREATMENT

- · Foot bath with foot massage
- Classic back massage with an aroma of choice
- SUSANNE KAUFMANN™ Relax Treatment Face

\*200 EUR 240 EUR

## 1 DAY ACTIVE REGENERATION 145 MIN OF RELAXAION TIME IN TREATMENT

- Gentle, regenerating and pore-refining body peel
- Classic part-body massage with an aroma oil of your choice
- · Foot bath with foot massage
- SUSANNE KAUFMANN™ Relax Treatment Head

\*275 EUR 315 EUR

#### 1 DAY PURE BEAUTY

#### 235 MIN OF RELAXAION TIME IN TREATMENT

- · Gentle, regenerating and pore-refining body peeling
- Medical pedicure with foot massage and varnish
- · Classic manicure with hand massage and varnish
- Alkaline Detox Signature

Facial Treatment

\*330 EUR 370 EUR

#### 1 DAY GENTLEMEN ONLY

#### 140 MIN OF RELAXATION TIME IN TREATMENT

- Classic full-body massage with an aroma oil of your choice
- Transformtive Signature Facial Treatment Men

\*250 EUR 290 EUR

For hotel guests, excluding welcome aperitif and lunch.
Elements of the treatment package are not exchangeable.

#### PERSONAL TRAINING

We offer you a holistic personalized training in our gym, and seasonally in Tiergarten. Training sessions are followed by extensive stretching and relaxation. Sessions can also be booked as yoga or pilates. Please book well in advance.

#### PERSONAL TRAINING

60 MIN 140 EUR 75 MIN 170 EUR 90 MIN 190 EUR

#### **GROUP TRAINING FROM 2 PERSONS**

60 MIN 200 EUR75 MIN 230 EUR90 MIN 250 EUR

#### TRAINING PLAN, 6 WEEKS

**90 MIN** 190 EUR



### **PRODUCTS**

#### SUSANNE KAUFMANN™ organic treats

The ingredients for our applications originate from plants in the Bregenz Forest. Their natural powers have been built into an innovative, highly effective care system for the face, the body and the overall well-being. The proportion of energy-rich active ingredients is particularly high in all SUSANNE KAUFMANN™ products. The strictest ecological principles form the basis of everything we do:

- All products are manufactured with the utmost care in a small factory in the Bregenz Forest.
- The plant ingredients used come from our own ecological herb cultivation and wild collections.
- Each product batch is personally vetted by SUSANNE KAUFMANN™ before being bottled by hand.
- Instead of the paraben-based products normally found in industrially manufactured cosmetics, we use local oils, herbal extracts and flower essences.
- Our products do not contain any chemical preservatives, colourings or PEG compounds.
   We disapprove the use of animal testing.





#### SPA ETIKETTE

#### ARRIVAL

Please arrive 15 minutes before your scheduled appointment in order to sign in. Late arrivals result in shortened treatment time in consideration for the next guest.

#### **HEALTH CONDITIONS**

Upon scheduling your appointment, please advise on any health conditions or medications you may take. For certain conditions, a written authorization from your physician may be required.

#### **PREGNANCY**

We are proud to offer maternity treatments. Inform your therapist if you are pregnant so we can customize your experience. Please follow our pregnancy and safety guidelines: No treatments can be performed during the first 12 weeks of pregnancy.

#### AGE POLICY

At SUSANNE KAUFMANN™ Boutique SPA, we do not perform treatments on children under the age of 14. Our applications are specifically designed for adults. Children above the age of 14 and under 18 years require parental consent in order to book an appointment.

#### CANCELLATION POLICY

Cancel your scheduled appointment at least 24 hours in advance, in order to avoid a late cancellation fee of 100%.

#### PRIVACY

In order to protect privacy and maintain the atmosphere of relaxation for our SPA guests, it is not permitted to use cell phones and other mobile devices in our areas. Photography is only permitted upon consent and agreement.

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